

## HINDU SAMAJ

### Rudra Maha Yagnyam

#### Ekādaśa Rudra Pārāyanam: Chanting Śri Rudram eleven times

(Description compiled by priests Sabari Raja, Manoj Panigrahi)

#### What is Śri Rudram?

Sri Rudram is a powerful ancient hymn in praise of Lord Śiva. It is part of the Krishna Yajur Veda. It is intensely devotional in nature. Chanting Śri Rudram would generate intense divinely vibrations, increasing the sanctity of the Temple, and also elevating our mind to a higher plane. It is said to purify our minds and remove all our difficulties.

**ekādaśa anuvākams:** (eleven sections) of Namakam (repeated use of the word namo), which invoke and worship the various names and attributes of Lord Śiva.(2) ekādaśa anuvākams (eleven sections) of Chamakam (repeated use of the words cha mé), which lists our 'wishes'.

#### What is Ekādaśa Rudra Pārāyanam?

Ekādaśa Rudra Pārāyanam is the chanting of Śri Rudram eleven times in a certain pattern. All eleven sections of namakam are chanted followed by the first of the eleven sections of chamakam. This pattern is repeated ten more times with each of the other ten sections of chamakam.

During the eleventh time, an abhishekam (Sacred bath) is offered to Lord Śiva. After the abhishekam, Lord Śiva is reverently decorated with divinely attire, garlands and jewelry. He is then honored with the ashtottara śata nāmā archana (the chanting of 108 descriptive attributes of Lord Śiva) while offering flowers or akshatai (raw rice applied with turmeric) every time the word namaha is chanted after a name of Lord Śiva. The concluding ritual is the hāraṭi – the waving of the lamp in a circular motion in front of the Lord to receive His Divine grace.

**Yo deva sarva deveshu Mahadeva ithi smrutha:**

**Thasmai namasthu kurvana: divi thishtanti devathaa:**

Lord Siva is considered as the Lord of all Lords. Those who regularly worship Lord Siva, as ordained by Rishis, one can become one among Devas in Swarga Loka.

“Namyante Asmai Kaamaa: As stated in the Upanishad one who surrenders to God gets everything in life. Let us start chanting Sri Rudram for obtaining Jnana and by obtaining jnana the ultimate Mukthi.

“**Abhisheka Priyo Siva:**”: Lord Siva is very much pleased with Abhisheka. Abhishekam will be done with Ekadasa dravyas (eleven substances). Bilwa Patra is also one of the essential items used for His Pooja.

**EKADASA DRAVYAS are:**

Gandha Thailam, Panchagavyam, Panchamrutham, Ghee, Cow's Milk, Curd, Honey, Cane Juice, Lemon Juice, Coconut water and Kumbha Jalam. Santhi/Peace by Sudha Jalam.

**Benefits:**

1. Happiness in life by Gandha Thailam, 2. Purity in mind and body by Panchagavyam, 3. Victory by Panchamrutham, 4. Moksham by Ghee, 5. Long life by Milk, 6. Wealth by Curd, 7. Medicine for diseases by Honey, 8. Strength by Cane Juice, 9. Jnanam by Lemon Juice, 10. Salokya Ananada in life by Coconut water etc are the effects or results that can be obtained by doing Abhisheka to Lord Siva with each one of the above Dravyas.